

BE

the

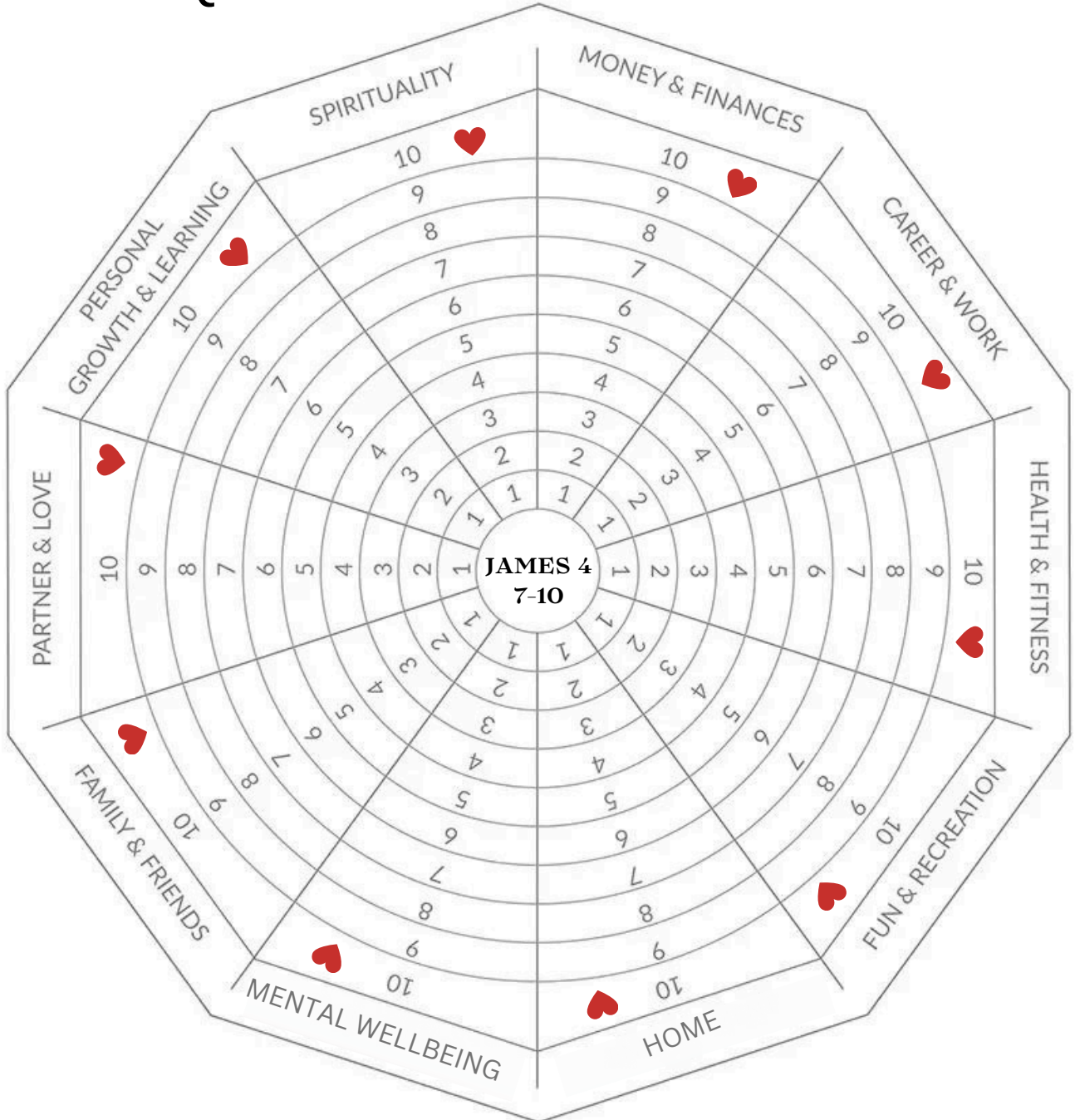
BEST

version of

YOU

LIFE WHEEL

Quarter October-December



DREAM

Desire

Bliss

Faith


Passion

Grace

Purpose

Hope

MINDSET



Believe in
the magic of
the season.

PHYSICAL GROWTH AFFIRMATION



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR PHYSICAL GROWTH?



WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?

How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

HOME ORGANIZATION AFFIRMATION



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN THE HOME CATEGORY?

A red curved arrow pointing from the top right corner of the box towards the right side of the page.

WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

CAREER AFFIRMATION



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR CAREER/PURPOSE?

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WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?


How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

FINANCIAL AFFIRMATION



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR FINANCES?



WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?

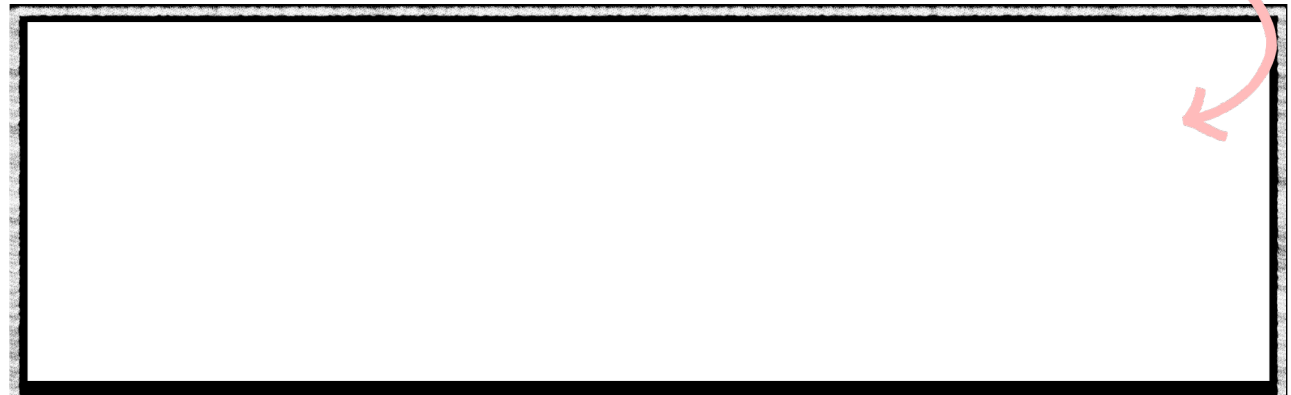
How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

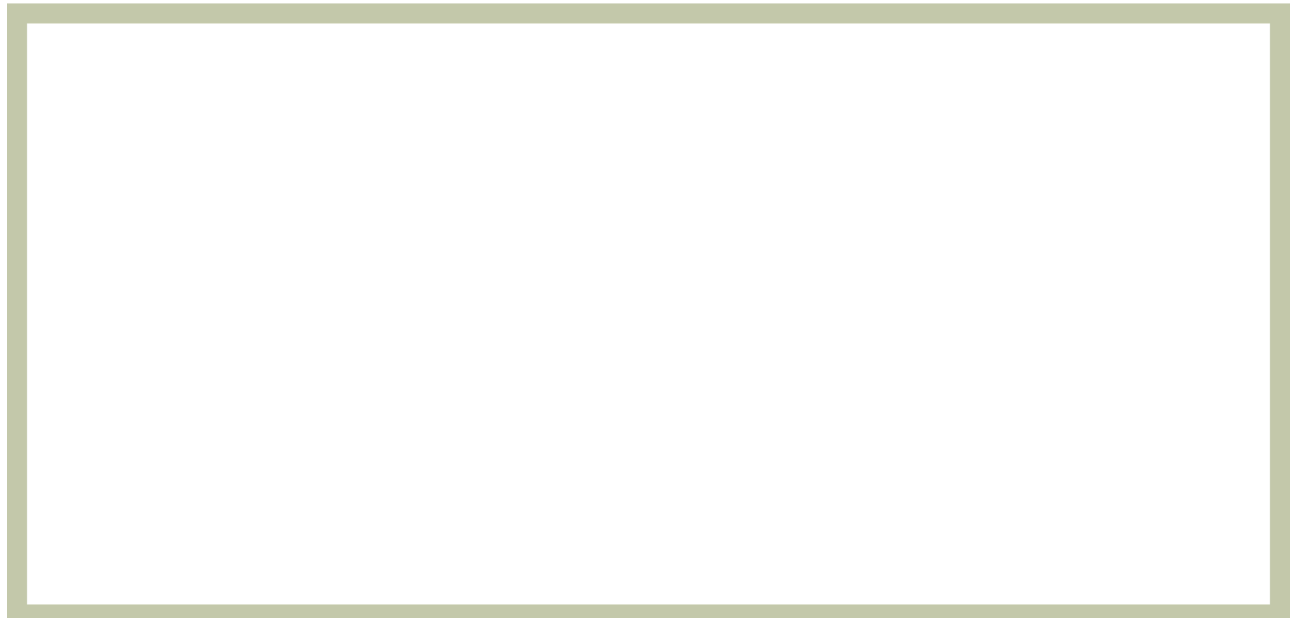
SPIRITUAL AFFIRMATION



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR SPIRITUAL?



WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE



GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?

How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

PERSONAL GROWTH

A large empty rectangular box with a dark red border, intended for writing a response to the question below.

WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR PERSONAL GROWTH?

A large empty rectangular box with a black border. A red curved arrow points from the top right corner of the box towards the text above it.

WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

A large empty rectangular box with a light green border, intended for writing a short vision of what the user desires to see.

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?

How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

PARTNER/MARRIAGE GROWTH



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR LOVE LIFE OR MARRIAGE GROWTH?



WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?


How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

MENTAL WELLBEING



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR MENTAL WELLBEING?




WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

HOBBIES & FUN



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR PERSONAL HOBBIES?



WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?


How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

FRIENDS & FAMILY



WHAT'S THE **#1 THING YOU WANT** TO SEE HAPPEN IN YOUR RELATIONSHIPS?



WRITE A SHORT VISION OF WHAT YOU DESIRE TO SEE

GOAL SETTING WORKSHEET

GOALS FOR THIS QUARTER

Why I want to achieve this

Problems that may appear

Possible solutions

What will I do to achieve my goals?

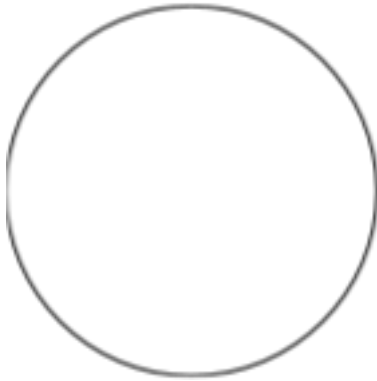
How will I monitor my process?

Daily Habits or Routines to help Acheive the Goal

Quarterly Review

Gratitude list:





Notes:

Best things about the last 3 months:

What I loved doing the most:

What went wrong?

What Goals, habits or routines worked?

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<input type="checkbox"/>	<input type="checkbox"/>
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Did I take good care of myself physically and mentally?

What do I want to Experience more of next quarter?